



MONTH of MARCH - BREAKFAST

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast Price: EDGE/JWIS: Free CHS: \$1.15 Reduced: \$0.30 Milk: \$0.75 Choice of Milk offered: 1% White Fat-Free Flavored			1 Fruit or Juice Cereal, Toast Yogurt/Graham Crackers Breakfast Pizza Choice of Milk	2 Fruit or Juice Cereal, Toast Yogurt/Graham Crackers Scrambled Eggs Choice of Milk **Dr. Suess Day**	3 Fruit or Juice Cereal, Toast Yogurt/Graham Crackers Waffles Choice of Milk	
National School Breakfast Week: March 6-10, 2017	6 Fruit or Juice Cereal, Toast Yogurt/Graham Crackers Chicken Biscuit Choice of Milk	7 Fruit or Juice Cereal, Toast Yogurt/Graham Crackers French Toast Sticks Choice of Milk	8 Fruit or Juice Cereal, Toast Yogurt/Graham Crackers Breakfast Pizza Choice of Milk	9 Fruit or Juice Cereal, Toast Yogurt/Graham Crackers Scrambled Eggs Choice of Milk	10 Fruit or Juice Cereal, Toast Yogurt/Graham Crackers Waffles Choice of Milk	
Student must select 3 of the food items offered to be a complete meal.	13 Fruit or Juice Cereal, Toast Yogurt/Graham Crackers Sausage Biscuit Choice of Milk	14 Fruit or Juice Cereal, Toast Yogurt/Graham Crackers French Toast Sticks Choice of Milk	15 Fruit or Juice Cereal, Toast Yogurt/Graham Crackers Breakfast Pizza Choice of Milk	16 Closed	17 Closed	
	20 Fruit or Juice Cereal, Toast Yogurt/Graham Cracker Chicken Biscuit Choice of Milk	21 Fruit or Juice Cereal, Toast Yogurt/Graham Crackers French Toast Sticks Choice of Milk	22 Fruit or Juice Cereal, Toast Yogurt/Graham Crackers Breakfast Pizza Choice of Milk	23 Fruit or Juice Cereal, Toast Yogurt/Graham Crackers Scrambled Eggs Choice of Milk	24 Fruit or Juice Cereal, Toast Yogurt/Graham Crackers Waffles Choice of Milk	
	27 Fruit or Juice Cereal, Toast Yogurt/Graham Crackers Sausage Biscuit Choice of Milk	28 Fruit or Juice Cereal, Toast Yogurt/Graham Crackers French Toast Sticks Choice of Milk	29 Fruit or Juice Cereal, Toast Yogurt/Graham Crackers Breakfast Pizza Choice of Milk	30 Fruit or Juice Cereal, Toast Yogurt/Graham Crackers Scrambled Eggs Choice of Milk	31 Fruit or Juice Cereal, Toast Yogurt/Graham Crackers Waffles Choice of Milk	

COVINGTON CITY PUBLIC SCHOOLS

MONTH of MARCH - Lunch

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lunch Price: EDGE/JWIS: Free High School: \$2.05 (9-12) \$1.80 (8 th) Reduced: \$0.40 Milk: \$0.75 Choice of Milk offered: 1% White Fat-Free Flavored			1 Chuckwagon Steak or Salisbury Steak Creamed Potatoes/Gravy Chop Kale/Green Beans WG Rolls Fruit Choice Choice of Milk	2 Spaghetti/Meat/Cheese or Chicken Nuggets Tater Tots Broccoli/Green Peas Baby Carrots/Lowfat Dip WG Rolls Fruit Choice Choice of Milk	3 Chicken Pattie or Ham & Cheese on WW Bun Sweet Potato Fries Green Beans/Corn Fruit Choice Choice of Milk	
Additional menu items offered at CHS and JWIS: Romaine Salad/Dressing Assorted Sandwiches Baked Potato Fruit Yogurt	6 Hot Dog on WW Bun or Corn Dog Nuggets Chili French Fries Baked Beans/Pinto Beans Fruit Choice Choice of Milk	7 Beef Taco/Lettuce/Cheese Tomatoes or Chicken Fajita Wrap French Fries Green Beans/Corn Fruit Choice Choice of Milk	8 Pepperoni or Cheese Pizza Romaine Salad/Dressing Corn/Green Beans Fruit Choice Choice of Milk	9 Ravioli in Meat Sauce or Chicken Nuggets Tater Tots Broccoli/Chop Kale Baby Carrots/Lowfat Dip WG Rolls Fruit Choice Choice of Milk	10 Chuckwagon Steak or Salisbury Steak Creamed Potatoes/Gravy Broccoli/Green Peas Fruit Choice WG Rolls Choice of Milk	
	13 Hamburger or Turkey & Cheese on WW Bun French Fries Pinto Beans/Green Peas Fruit Choice Choice of Milk	14 Spaghetti/Meat/Cheese or Chicken Nuggets Tater Tots Broccoli/Chop Kale Baby Carrots/Lowfat Dip Fruit Choice WG Rolls Choice of Milk	15 Manwich or BBQ Pork on WW Bun Cole Slaw French Fries Green Beans/Corn Fruit Choice Choice of Milk	16 Closed	17 Closed	
	20 Chicken Pattie or Ham & Cheese on WW Bun Sweet Potato Fries Green Beans/Green Peas Fruit Choice Choice of Milk	21 Chuckwagon Steak or Salisbury Steak Creamed Potatoes/Gravy Broccoli/Chop Kale Fruit Choice WG Rolls Choice of Milk	22 Pepperoni or Cheese Pizza Romaine Salad/Dressing Corn/Green Beans Fruit Choice Choice of Milk	23 Ravioli in Meat Sauce Or Chicken Nuggets Tater Tots Broccoli/Chop Kale Baby Carrots/Lowfat Dip Fruit Choice WG Rolls Choice of Milk	24 Oven Baked Chicken Creamed Potatoes/Gravy Green Beans/Green Peas Fruit Choice WG Rolls Choice of Milk	
	27 Hot Dog on WW Bun or Corn Dog Nuggets Chili French Fries Baked Beans/Pinto Beans Fruit Choice Choice of Milk	28 Spaghetti/Meat/Cheese or Chicken Nuggets Tater Tots Broccoli/Chop Kale Baby Carrots/Lowfat Dip Fruit Choice WG Rolls Choice of Milk	29 Beef Taco/Lettuce/Cheese Tomatoes or Chicken Fajita Wrap French Fries Broccoli/Chop Kale Fruit Choice Choice of Milk	30 Pepperoni or Cheese Pizza Romaine Salad/Dressing Corn/Green Beans Fruit Choice Choice of Milk	31 Hamburger or Turkey & Cheese on WW Bun Tater Tots Green Beans/Green Peas Fruit Choice Choice of Milk	

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