



MONTH of AUGUST-Breakfast

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast Price: EDGE/JWIS: Free CHS : \$1.20 Reduced: \$0.30 Milk: \$0.80 Choice of Milk offered daily: 1% White Fat-Free Flavored						
Student must select 3 of the food items offered to be a complete meal.						
	14 Fruit or Juice Chicken Biscuit Cereal, WW Toast Yogurt/Graham Crackers Choice of Milk	15 Fruit or Juice French Toast Sticks Cereal, WW Toast Yogurt/Graham Crackers Choice of Milk	16 Fruit or Juice Breakfast Pizza Cereal, WW Toast Yogurt/Graham Crackers Choice of Milk	17 Fruit or Juice Scrambled Eggs Cereal, WW Toast Yogurt/Graham Crackers Choice of Milk	18 Fruit or Juice Waffles Cereal, WW Toast Yogurt/Graham Crackers Choice of Milk	
	21 Fruit or Juice Sausage Biscuit Cereal, WW Toast Yogurt/Graham Crackers Choice of Milk	22 Fruit or Juice French Toast Sticks Cereal, WW Toast Yogurt/Graham Crackers Choice of Milk	23 Fruit or Juice Breakfast Pizza Cereal, WW Toast Yogurt/Graham Crackers Choice of Milk	24 Fruit or Juice Scrambled Eggs Cereal, WW Toast Yogurt/Graham Crackers Choice of Milk	25 Fruit or Juice Waffles Cereal, WW Toast Yogurt/Graham Crackers Choice of Milk	
	28 Fruit or Juice Chicken Biscuit Cereal, WW Toast Yogurt/Graham Crackers Choice of Milk	29 Fruit or Juice French Toast Sticks Cereal, WW Toast Yogurt/Graham Crackers Choice of Milk	30 Fruit or Juice Breakfast Pizza Cereal, WW Toast Yogurt/Graham Crackers Choice of Milk	31 Fruit or Juice Scrambled Eggs Cereal, WW Toast Yogurt/Graham Crackers Choice of Milk		

COVINGTON CITY PUBLIC SCHOOLS

MONTH of AUGUST - Lunch

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lunch Price: EDGE/JWIS: Free High School: \$2.10 (9-12) \$1.85 (8 th) Reduced: \$0.40 Milk: \$0.80 Choice of Milk offered daily: 1% White Fat-Free Flavored						
Additional menu items offered at CHS and JWIS consist of: Romaine Salad/Dressing Assorted Sandwiches Baked Potato Fruit Yogurt						
	14 Hamburger on WW Bun Tater Tots Broccoli/Chop Kale Fruit Choice Choice of Milk	15 Pepperoni or Cheese Pizza Romaine Salad/Dressing Corn/Green Beans Fruit Choice Choice of Milk	16 Corn Dog Nuggets French Fries Baked Beans/Pinto Beans Fruit Choice Choice of Milk	17 Ravioli in Meat Sauce Green Peas/Green Beans Baby Carrots/LF Ranch WG Roll Fruit Choice Choice of Milk	18 Chicken Pattie on WW Bun Tater Tots Chop Kale/Broccoli Fruit Choice Choice of Milk	
	21 Hot Dog on WW Bun Chili French Fries Baked Beans/Pinto Beans Fruit Choice Choice of Milk	22 Turkey/Cheese on WW Bun Sweet Potato Fries Green Beans/Pinto Beans Fruit Choice Choice of Milk	23 Pepperoni or Cheese Pizza Romaine Salad/Dressing Corn/Broccoli Fruit Choice Choice of Milk	24 Chuckwagon Steak Creamed Potatoes/Gravy Green Beans/Green Peas WG Roll Fruit Choice Choice of Milk	25 Chicken Nuggets Tater Tots Broccoli/Chop Kale WG Roll Fruit Choice Choice of Milk	
	28 Hamburger on WW Bun Tater Tots Broccoli/Chop Kale Fruit Choice Choice of Milk	29 Pepperoni or Cheese Pizza Romaine Salad/Dressing Corn/Broccoli Fruit Choice Choice of Milk	30 Turkey/Cheese on WW Bun Sweet Potato Fries Green Beans/Pinto Beans Fruit Choice Choice of Milk	31 Ravioli in Meat Sauce Green Peas/Green Beans Baby Carrots/LF Ranch WG Roll Fruit Choice Choice of Milk		

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